**MEMO**

Date: January 8, 2021

Topic: 2021 HSA Wellness Incentive Program Changes

From: Marla Evanich, Human Resources

January 1, 2021 through April 30, 2021

With the spikes again in Covid-19 cases, there have been changes this quarter in the required “in office” Wellness visits.  The Cass Employer Clinic is trying to reduce exposure by keeping healthy patients needing only annual wellness and/or physicals out of the clinic as much as possible since they are treating increased numbers of sick patients, some of who potentially have Covid-19.

Normally the Cass Employer Clinic is scheduled to start doing labs for Wellness in December. This year during this Pandemic period the Cass Employer Clinic will not do labs for Wellness unless the patient is participating in the Wellness program for the first time.  The standard of care is not to run this full panel of labs on a yearly basis anyway, so for those participants who have had the full panel last year, will not need to do another this year.

All participants will still do their Health Risk Assessment online:

[www.surveymonkey.com/r/CEC\_HealthRiskAssessment](http://www.surveymonkey.com/r/CEC_HealthRiskAssessment)

Cyndi Bricknell, N.P. will conduct most of the initial visits via a telehealth appointment versus in person.  As we progress into the new year and monitor how Covid-19 cases are trending, the Cass Employer Clinic may start to adjust to more in office visits.

All participating employees and their spouses must have all required wellness visits completed in order to receive disbursements. The same rules apply for participating retirees and their spouses.

Make sure to notify the clinic staff when scheduling your appointment that it is for your wellness visit(s). Please ask the clinic staff if you are unsure of a telehealth appointment is counting as a wellness visit.

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