

What we Know from the CDC

Source: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/keythingstoknow.html>

THE FACTS

SLOW THE SPREAD

- COVID-19 vaccines are safe and effective at protecting you from COVID-19, especially severe illness and death.
- COVID-19 vaccines reduce the risk of people spreading the virus that causes COVID-19.
- Studies show that COVID-19 vaccines are effective at keeping you from getting COVID-19.

PROTECT YOURSELF AND OTHERS

- Getting a COVID-19 vaccine will help keep you from getting seriously ill even if you do get COVID-19.
- COVID-19 vaccines teach our immune systems how to recognize and fight the virus that causes COVID-19.
- It typically takes 2 weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19.

That means it is possible that a person could still get COVID-19 before or just after vaccination and then get sick, because the vaccine did not have enough time to build protection.

EVIDENCE-BASED SAFETY

- COVID-19 vaccines are safe and effective. The vaccine cannot give you COVID-19.
- You may have side effects after vaccination. These are normal and should go away in a few days.
- Millions of people in the United States have received COVID-19 vaccines, and these vaccines have undergone the most intensive safety monitoring in U.S. history.
- If you are fully vaccinated, it is safer to resume activities that you were doing before the start of the pandemic.

Dr. Ben Anderson, LMH Hospitalist and physician on the frontlines of caring for Cass County COVID patients



“The most powerful tool we have to fight COVID is the COVID vaccine. Yes, there are risks with a vaccine – there are risks with any vaccine we use in medicine today. But the risks from contracting COVID itself, with the severity of illness and possible long-term effects, far outweigh any risks associated with getting the COVID vaccine.

I was willing to take the risks that we know about with the COVID vaccine when I got mine. I’m not willing to take the risk of contracting COVID.

When COVID started, we were all in this together. But as the pandemic has continued on, we have all grown tired and grown divided over the truth and misinformation that is being shared. We need to come back together and remember the one thing we all agree on – we want this to be over. The best way that I can see to make that happen is for more people to roll up their sleeves for this vaccine.”