



Real
Appeal®

WEIGHT LOSS SUPPORT



Celebrate Happy, Healthier Holidays

Give yourself the gift of Real Appeal® on Rally Coach.™

The holidays can be a challenging time to make healthy choices. Get support with Real Appeal, a proven online weight management program that's part of your benefits.

Get started at enroll.realappeal.com or scan the QR code.

Please have your health insurance ID card handy when enrolling.



RALLY/COACH™

Real Appeal is available to members at no additional cost as part of their medical benefits plan, subject to eligibility requirements. The Real Appeal program is available to eligible members at no additional cost as part of your health benefits. The Real Appeal program is educational in nature and is not a substitute for medical advice.

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